

# ST. DOMINIC'S COLLEGE, KANJIRAPALLY

AFFILIATED TO MAHATMA GANDHI UNIVERSITY KOTTAYAM RE-ACCREDITED WITH A GRADE BY NAAC ABSORB & RADIATE



# Report of report for each extension and outreach program with photographs 2021



## Republic Day - 2021

On January 26, 2021 as a part of Republic Day, college principal Dr. Seemon Thomas hoisted the flag and gave the Republic day Message. NSS programme officers Dr. Jojy Thomas and Dr. Jinu Elizabeth Sebastian participated in the events. Later on, the campus was cleaned by the volunteers.

No. of Participants: 90



# **Skill Development Training**

Skill development training for NSS Volunteers, Students, faculty and Public in making Mask, Cloth bag, Pouch, Paper Bag, Cover, etc and repairing Chapel and Umbrella. The training conducted in six Saturdays during the period between January-February, 2021.

No. of Participants: 60



# International Women's Day – 8th March – Blood Donation Camp in Association with Mary Queen's Hospital, Kanjirapally

On March 8, 2021, a blood donation camp was conducted by NSS Unit 35 of St. Dominic's College, kanjirappally in collaboration with SMYMKanjirapally and Mary Queens Mission Hospital, Kanjirappally, The programme. The programme was also honored by NSS programme officers and Mary Queens Mission Hospital Manager. Many Volunteers including 15 women volunteers donated their blood.

# വനിതാദിനത്തിൽ രക്തം നൽകി യുവവനിതകൾ മാതൃകയായി

കാഞ്ഞിരപ്പള്ളി: വനിതാദിനത്തി ൽ രക്തം നൽകി വനിതകൾ മാ തൃകയായി. കാഞ്ഞിരപ്പള്ളി ഫൊറോന എസ്എംവൈഎമ്മി ന്റെ ആഭിമുഖ്യത്തിൽ മേരി ക്വീൻ സ്മിഷൻ ആശുപത്രിയും സെന്റ് ഡൊമിനിക്സ് കോളജ് എൻഎ സ്എസ് വോളന്റിയേഴ്സും സം യുക്തമായിട്ടാണ് രക്തദാന ക്യാ മ്പ് നടത്തിയത്. മേരി ക്വീൻസ് മി ഷൻ ആശുപത്രിയിൽ നടന്നക്യാ മ്പ്ഫൊറോന എസ്എംവൈഎം അനിമേറ്റർ സിസ്റ്റർ ഫിൽസി സി എംസി ഉദ്ഘാടനം ചെയ്തു. മേ രിക്വീൻസ് മിഷൻ ആശുപത്രി ഡ യറക്ടർ ഫാ. സന്തോഷ് മാത്തൻ കുന്നേൽ സിഎംഐ അധ്യക്ഷ ത വഹിച്ചു. എസ്എംവൈഎം ഫൊറോന പ്രസിഡന്റ് അലൻ വെല്ലൂർ, വൈ സ് പ്രസിഡന്റ് ഡാനിയ ബാബു, മീനു തങ്കച്ചൻ, ജിസ് ജേക്കബ്, തോമ്മാച്ചൻ കത്തിലാങ്കൽ, സി സ്റ്റർ അമല സിഎംസി, അഞ്ജന പി.ആർ, ഷെറിൻ ചിന്നു മാത്യു എന്നിവർ പ്രസംഗിച്ചു. ക്യാമ്പിൽ 15 വനിതകൾ രക്തദാനം നടത്തി.

#### **Summer Pots – Feed the Voiceless Campaign**

The earth and its creatures are scuffling with the scorching heat of the summer. Let our little act of kindness create all the difference. Summer Pots will attract not only birds but also bees, butterflies and squirrels. Bird baths can either be hung or placed on a stand or near ground level. If the diameter of the bath is too big, a stone in the middle will help birds to get water comfortably. It also helps bees and butterflies to drink water. With this vision, NSS Unit in association with KITES foundation initiated the Summer Pots Campaign.

No. of Participants: 200



<u>Contour – 2021 Prof. George Zacharia Endowment Inter school Mathematics Quiz</u> Competition For Higher Secondary Students 10/03/2021 THE POSTGRADUATE DEPARTMENT OF MATHEMATICS ST. DOMINIC'S COLLEGE, KANJIRAPALLY

# **CONTOUR-2021**

PROF. GEORGE ZACHARIA ENDOWMENT
INTERSCHOOL MATHEMATICS QUIZ COMPETITION
FOR HIGHER SECONDARY STUDENTS

(Instituted by 1999-2002 B.Sc. Mathematics Batch)

**ONLINE MATHEMATICS QUIZ** 

10 MARCH 2021 @7.00 PM

Dear Sir/Madam

The Postgraduate Department of Mathematics invites your students to participate in CONTOUR -2021, Online Mathematics Quiz Competition, conducted on 10th March 2021.

This quiz competition is our initiative aimed at spreading the radiance of Mathematics to the younger generations, by giving students a better perceptive and historical review of the subject.

CONTOUR -2021 is an online general mathematics quiz competition with rounds on History of Mathematics, recent developments, awards and honours, mathematicians, other interesting facts as well as some problem solving rounds.

More details about the quiz will be informed to registerd partcipants through registered e-mail.

Register with us on or before 8th March 2021 @ https://forms.gle/FYJREEadAfwr8jyLA

Prof. Prathish Abraham Co-ordinator Prof. Jisha Jacob Head of the Department Dr. Seemon Thomas Principal FIRST PRIZE
CASH PRIZE OF RS. 2000/-

SECOND PRIZE CASH PRIZE OF RS. 1000/-

2 CONSOLATION PRIZES RS. 500/- EACH

- · No Registration Fees
- · No Restrictions in number of participants from an institution
- · Last date of registration 8 March 2021

FOR DETAILS CONTACT : PRATHISH ABRAHAM @ 9447090869

#### **Bio-diversity Day - Intercollegiate Biodiversity Photography Competition**

An intercollegiate Biodiversity Photography Competition was conducted by NSS on the International Day for Biological Diversity to promote the love for nature, to increase their interest in observing nature, etc. Received entries from several colleges in Kerala through email. Sri Dani John of SJ College of Animation has won the First Prize. Certificate of participation was given to the participants. Brochure and some attractive entries are given below.

No. of Participants: 25

#### Covid Awareness and Training for NSS Volunteers, "Cope with Covid 19"

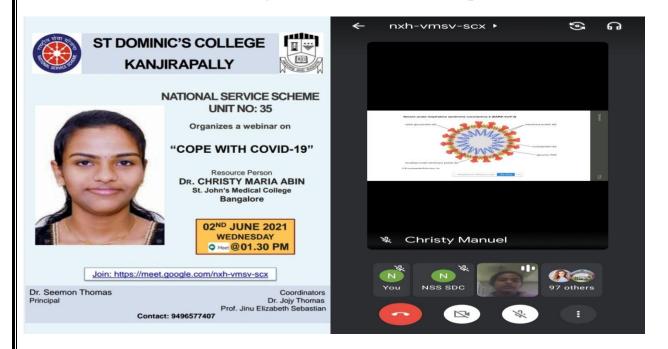
On 02 June 2021, an online webinar was organized on the topic, "Cope with Covid 19". Dr. Christy Maria Abin, St. Johns Medical College, Banglore, was the resource person. 100 volunteers attended the seminar and actively participated in the interaction session. The seminar was very insightful for the NSS volunteers who are actively involved in thegave new insight to the volunteers on the various aspects of Covid -19.

No. of Participants: 110

## **Bio-diversity Day - Intercollegiate Biodiversity Photography Competition**



#### Covid Awareness and Training for NSS Volunteers, "Cope with Covid 19"



#### World Environment Day Celebration – Awareness Class and Planting of Saplings

An awareness class on, "Biodiversity of Western Ghatsand Conservation" by the Sri. Sandeep Das, Research Scholarand Winner of EDGE Hero Award, Zoological Society of London, was organized by Dept. of Botany and National Service Scheme. The seminar gave insights on the need for conservation of our biodiversity hotspots like Western Ghats. The NSS volunteers planted 200 new saplings in total in their house premises, nearby roadsides, nearby campuses including *Anganawadis*.

No. of Participants: 200

# World Food Safety Day - Webinar on "Food Safety: A Global Responsibility"

On World Food Safety Day, an awareness seminar was organized by the NSS unit. Dr. Aisswarya R, Foof Safety inspector of Kanjirapally Circle provided a class on" Insights on food Safety and Mr. Mathew Zachariah, Retired Agriculture Officer and Nodal Officer of B.Voc Programmes took a class on "Good Agriculture Practice for Safe Food". Both classes provided an insight to the participants regarding the necessity of Food Safety to the mankind

No. of Participants: 100

# **Blood Donation Camp - Observance of World Blood Donor Day**

On June 14 2021, As part of World Blood Donor day, NSS Unit-35 of St. Dominics college conducted a blood donation campaign in association with Mary Queens Hospital and SMYM, Kanjirapally at Mary Queens Mission Hospital. Several people from different walks of life donated their blood. Our volunteers donated 50 units of blood. Total donations in the camp was 74.

No. of Participants: 74

#### World Environment Day - Awareness Class and Planting of Saplings



# World Food Safety Day-Webinar on "Food Safety: A Global Responsibility"



#### **Blood Donation Camp - Observance of World Blood Donor Day**





N. S. S. Unit No:35 St. Dominic's College Kanjirapally



## **BLOOD DONATION CAMP AT MARY QUEENS HOSPITAL, KANJIRAPALLY**



#### Campaign - 12: Anemia Awareness Class - 15 June 2021- For Students and Public

The NSS Unit arranged an awareness class as part of the 'Anemia Campaign 12' started by Women and Child Development department that aims to create awareness about low haemoglobin levels among women and children. Dr. Salini M N was the resource person. The programme was attended by the students and public of around 400 in total through Zoom and YouTube live.

No. of Participants: 300

# <u>International yoga Day 21 June, 2021</u>

Considering the need for social distancing and colleges and universities being closed in view of the Covid pandemic, this year NSS volunteers held Yoga sessions online.

No. of Participants: 200

Awareness Webinar on Child Abuse and Violence against Children

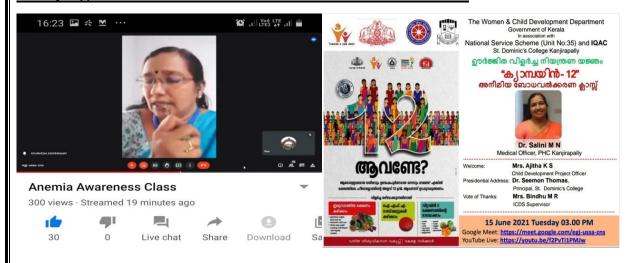
Nss unit of St Dominic's college kanjirappally conducted a webinar on the topic child abuse and violence against children. The resource person of the program was Dr. Remya Nisal, Professional Trainer of Sakshi, New Delhi; all the interested students of the college including NSS volunteers attended the session.

No. of Participants: 120

# <u>Quiz Competition - International day against drug abuse and illicit trafficking - 26</u> <u>June 2021</u>

International day against drug abuse and illicit trafficking as an expression of its determination to achieve the goal of an international society free of drug abuse, on this day NSS volunteers of St Dominic's College participated in a quiz competition.

Campaign - 12: Anemia Awareness Class - 15 June 2021



## International yoga Day 21 June, 2021



#### **Awareness Webinar on Child Abuse and Violence against Children**



# <u>Inauguration of "Vimikthi" Campaign and awareness on "Drug and Alcohol</u> Addiction: Perils and Solutions"

On July 3rd conducted a webinar on the topic, "Drug and Alcohol Addiction: Perils and Solutions". The webinar was organized by the excise department of Government of Kerala, National Service Scheme and anti-narcotic club of St. Dominics college, Kanjirappaly. Inauguration of "Vimukthi", a massive anti-narcotics awareness campaign of Government of Kerala was also inaugurated on the session.

No. of Participants:180

## National Doctor's Day - Webinar

On July 1st 2021 NSS unit of St Dominic's College Kanjirappally conducted a webinar on National Doctor's Day in order to pay at most respect and recognize the contribution of the Doctors. NSS volunteers of St Dominic's College participated in the webinar. The resource person was Dr. P M Chacko who describe on the role of doctors in the survival of Humanity.

No. of Participants: 110

# **Independence Day Celebrations**

India celebrated its 75th Independence Day on 15 August 2021. As part of Independence Day, Volunteers gathered at St. Dominic's College, Kanjirappally and Principal Dr. Seemon Thomas hoisted the flag and delivered the independence day message. Programme officers Dr. Jojy Thomas and Dr. Jinu Elizabeth Sebastian also addressed the meeting. Later, the NSS Volunteers cleaned the camps and its surroundings.

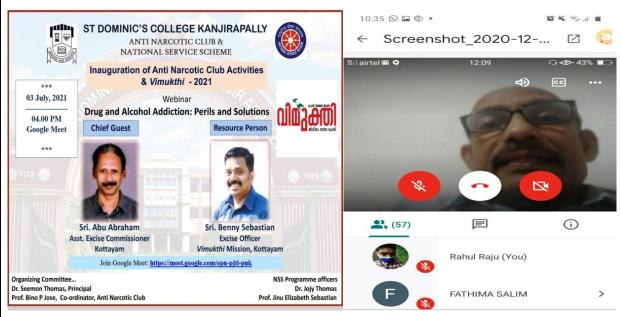
No. of Participants: 50

# <u>Book Collection Campaign in association with KITES Foundation – 6 September, 2021</u>

On September 6, 2021,a book collection campaign was organied in the campus in association with KITES Foundation, an NGO. NSS volunteers collected old and new booksfrom college students. The collected books were handed over to the KITES Foundation authorities who redistributed the books to strengthen the local libraries.

No. of Participants: 120

# <u>Inauguration of "Vimikthi" Campaign and Webinar & National Doctor's Day - Webinar</u>



# 75<sup>th</sup>Independence Day – 15 August 2021



#### Participation in NSS Volunteer Secretaries Leadership Training Camp

Mr. George James and Ms. Pooja Deep attended the volunteer SecretariesLeadership Training Camp, organized by MG University and St. Mary's College, Manarcaud, from 13 to 15 August 2021.







MAHATMA GANDHI UNIVERSITY KOTTAYAM
NATIONAL SERVICE SCHEME
ST.MARY'S COLLEGE MANARCAUD
Maalam P.O, Kottayam

Volunteer Secretaries Three Day Leadership Training Camp

## Certificate



This is to certify that **Mr. George James, St.Dominic's College Kanjirappally** attended the Volunteer Secretaries Three Day Leadership Training Camp organized by St. Mary's College Manarcaud, Kottayam from 13th to 15th August 2021

Manarcaud 15.08.2021





Dr. Rekha Raj
NSS Programme Coordinator
MG University







MAHATMA GANDHI UNIVERSITY KOTTAYAM
NATIONAL SERVICE SCHEME
ST.MARY'S COLLEGE MANARCAUD
Maalam P.O, Kottayam

Volunteer Secretaries Three Day Leadership Training Camp

# Certificate



This is to certify that **Ms. Pooja Deep, St.Dominic's College, Kanjirappally** attended the Volunteer Secretaries Three Day Leadership Training Camp organized by St. Mary's College Manarcaud, Kottayam from 13th to 15th August 2021

Manarcaud 15.08.2021 Dr. Punnen Kurlan
Principal, St. Mary's College
Manarcaud



Dr. Rekha Raj
NSS Programme Coordinator
MG University

**Teachers Day: Memoir Writing 5 September 2021** 

On teachers day, the volunteers and students of the collegewere prompted to write a

description on the teachers who bring memories back to them and why they have in

their mind all these years? The activity gave them an occasion and platform to recollect

some particular circumstances and personalities that was important to them.

No. of Participants: 80

**International Day for preservation of Ozone** 

On September 16, 2021 as a part of International Day forpreservation of Ozone Layer,

NSS unit of St. Dominic's Collegecreated an awareness poster and video and circulated

among the students.

No. of Participants: 60

UN International Peace Day - Webinar on "Human Rights, Terrorism and Global

peace: the Rising concerns" – 2 September, 2021

On 21st September 2021, NSS unit of St. Dominic's College, Kanjirappally conducted a

webinar on "Human Rights, Terrorism and Global peace: the Rising concerns" as a part

of UN InternationalPeace Day. The Resource person of the webinar was Dr.

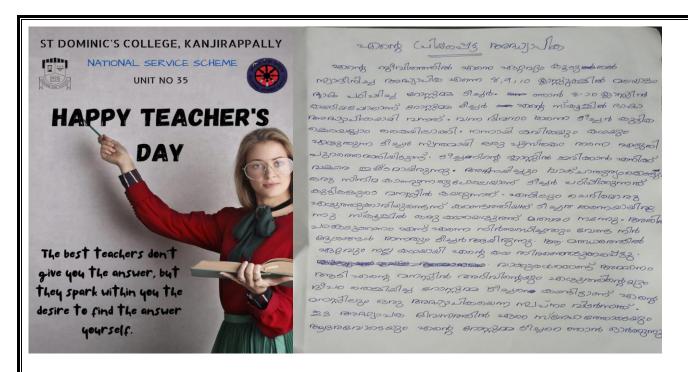
GireeshKumar J, Assistant Professor, Department of Law, Central University of Kerala.

The session was very inspiring and it created awarenessamong the volunteers. For

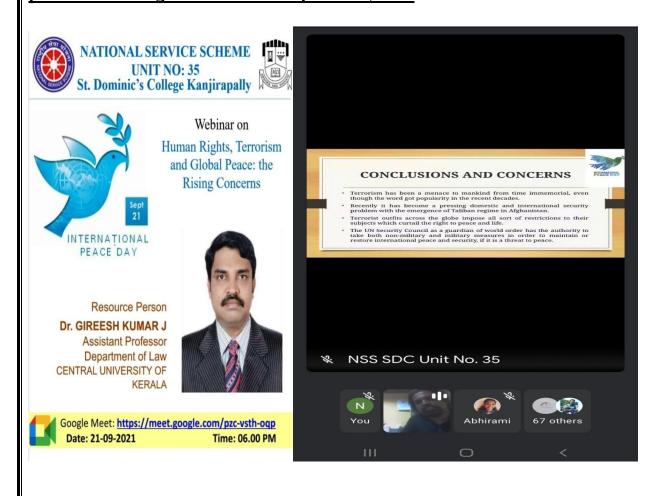
winding up the session, NSS VolunteerSona Maria Joseph gave a vote of thanks.

No. of Participants: 80

**Teachers Day: Memoir Writing 5 September 2021** 



<u>UN International Peace Day - Webinar on "Human Rights, Terrorism and Global</u> peace: the Rising concerns" – 2 September, 2021



#### NSS Day Celebration - Free Hair Donation to Cancer Centre and Wig distribution

On Sep 24, 2021 as part of the observance of NSS Day, NSS Unit 35 of St. Dominic's College Kanjirappally organized a hair donation camp. College Principal Dr. Seemon Thomas inaugurated the programme. 45 people from different walks of life donated their hair. This programme was conducted in collaboration with the Amala Cancer Center, Thrissur and Chethana Integrated Rural Development Society, Mavelikkara. The programme was supervised by Programme officers and NSS leaders. The NSS Unit handed over the donated hair to the authorities and Wigs were prepared by the Amala Cancer Institute. The efforts of the NSS volunteers during the time of Covid were appreciated in the wigdonation programme at Amala Cancer Centre.

No. of Participants: 45



#### NSS Day Celebration - Free Hair Donation to Cancer Centre and Wig distribution





കാഞ്ഞിരപ്പള്ളി സെന്റ് ഡൊമിനിക്സ് കോളജ് എൻഎസ്എസ് യൂണിറ്റിന്റെയും ചേതന ഇന്റഗ്രേറ്റഡ് ഡവലപ്മെന്റ് സൊസൈറ്റി യുടെയും സംയുക്താ ഭിമുഖ്യത്തിൽ നടത്തിയ കേശദാന ക്വാമ്പി ൽ നിന്ന്

## കേശദാന ക്വാമ്പ് സംഘടിഷിച്ചു

കാഞ്ഞിരുമുള്ളി: സെന്റ് ഡൊമിനിക്സ് കോളജ് എൻഎസ്എ സ്യൂണിറ്റിന്റെയും ചേതന ഇന്റേഗ്രേറ്റഡ് ഡവലപ്മെന്റ് സോസെറ്റിയുടെയും സംയുക്താഭിമുഖ്യത്തിൽ തൃശൂർ അമല കാൻസർ സെറ്റ്റുമായി സഹകരിച്ച് കാൻസർ രോഗം മൂലം തലമുടി നഷ്ടപ്പെട്ട രോഗികൾക്കുവേണ്ടി കേശദാന ക്യാമ്പ് സംഘടിപ്പിച്ചു. സ്കൂൾ, കോളജ് വിദ്യാർഥികൾ ഉൾപ്പെടെ 45 പേർ തങ്ങളുടെ മുടി ദാനം ചെയ്തു. ക്യാമ്പിന്റെ ഉദ്ഘാടന ചടങ്ങിൽ പ്രിൻസിപ്പൽ ഡോ. സീമോൻ തോമസ്, ബർ സാർ റവ.ഡോ. മനോജ് പലക്കുടി, എന്നിവർ പങ്കെടുത്തു. എൻഎസ്എസ് പ്രോഗ്രാം ഓഫീസർ ഡോ. ജോജി തോമസ്, വിദ്യാർഥി പ്രതിനിധികളായ ജോർജ് ജെയിംസ്, ഷോൺ ടി. കൈജു, അസിയ മറിയം, പൂജ ദീപ്, ലാവെൻഡർ ബ്യൂട്ടി പാർലർ ഉടമ സിനി ബൈജു എന്നിവർ നേതൃത്വം നൽകി. ക്യാമ്പിൽ ലഭിച്ചമുടി വിഗ് നിർമാണത്തിനായി ചേതന ഇന്റ് ഗ്രേറ്റ്ഡ് ഡവലപ്മെന്റ് സൊസൈറ്റി ഭാരവാഹികൾക്ക് കൈമാറി.

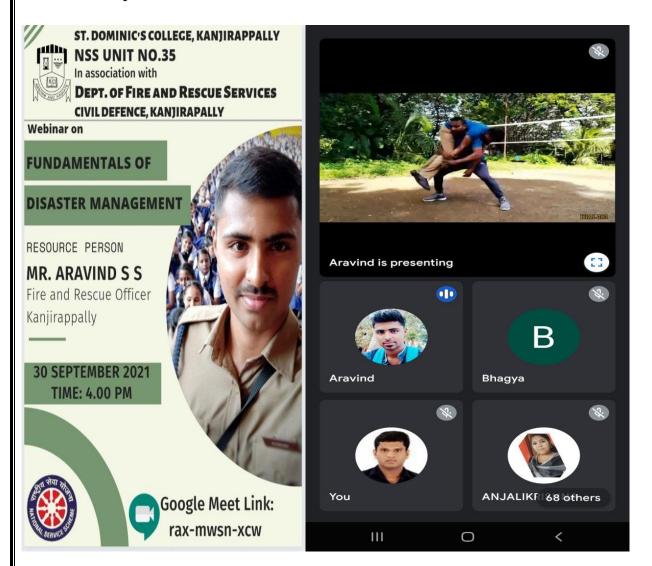




<u>Disaster Management Training -Fire and Rescue Force, Govt of Kerala – 30 September, 2021</u>

On Sep 30, 2021 a crisis and disaster management training wasorganized by the NSS unit 35 of St. Dominic's College Kanjirappally with the support of the Department of Fire and & Rescue, Government of Kerala. The chief trainer of the programme was Sri. Aravind.

No. of Participants: 80



## **Blood Donation Camp II - Blood Donation Day - 01 October, 2021**

On October 1, 2021, a blood donation camp was conducted by NSS Unit 35 of St. Dominic's College, kanjirappally in collaboration with Mary Queens Mission Hospital, kanjirappally, The programme was inaugurated by the Poonjar Constituency MLA, Adv. Sebastian Kulathungel. The programme was also honored by NSS programme

officers and Mary Queens Mission Hospital Manager. Hany Volunteers donated their blood.





# Observance of Gandhi Jayanthi - Cleanup Campaign

Paying homage to the Father of the Nation, Mahatma Gandhi on his 152<sup>nd</sup> birth anniversary, a mass cleanliness drive organised by the NSS volunteers in their own house premises and nearby areas. Awareness against plastic was also given to the

people of the locality. As the world is facing unprecedented environmental challenges Gandhi's message of simple living is most appropriate today.



# Flood Relief Measures and Services done by NSS Volunteers

The flood of October 8 affected the five nearby Panchayats of our college. The disaster management class received on 30<sup>th</sup> September, 2021 was a boon to the NSS volunteers while taken up the relief and rescue operations on war-footing basis.NSS volunteers of the college fully involved in the relief activities. The NSS volunteers initiated the works like sanitising the affected area, preparing and distributing food packets for the flood victims, n and distributing medicines. The flood relief programmes were done at Parathode, Koottikkal, Manimala, Mundakkayam, Erumeli and Kokkayar Panchayats. NSS volunteers also actively participated in the various activities including cleaning of flood affected houses, support in the reconstruction of damaged houses,

Services in Flood Relief Camps, Distribution of kits supplied by Helpage India, Cipla Foundation, P&G etc. The services of NSS volunteers which continued for almost five months is highly appreciated by the authorities.





ാൽപ്പേജ് ഇന്ത്യയും കാഞ്ഞിരപ്പള്ളി സെന്റ് ഡൊമിനിക്സ് കോളജിലെ ചാരിറ്റി ക്ലബും നാഷണൽ സർവീസ് മീമും ചേർന്ന് പ്രളയ ബാധിത കുടുംബങ്ങൾക്ക് അവശ്യ വസ്തുകൾ എത്തിച്ചു നൽകുന്ന പദ്ധതിയുടെ ലാടനം ഹെൽപ്പേജ് ഇന്ത്യ ഗവേണിംഗ് ബോഡി മെംബർ കെ.ടി. ചാക്കോ നിർവഹിക്കുന്നു .

#### ദുരന്ത ബാധിതരെ സഹായിക്കാൻ കൈകോർത്ത് എസ്ഡി കോളജും ഹെൽപ്പേജ് ഇന്ത്വയും സിപ്ല ഫൗണ്ടേഷനും

**കാഞ്ഞിരപ്പള്ളി**: ഹെൽപ്പേജ് ഇ ന്ത്യയും കാഞ്ഞിരപ്പള്ളി സെന്റ് ഡൊമിനിക്സ് കോളജിലെ ചാ രിറ്റി ക്ലബും നാഷണൽ സർവീ സ് സ്കീമും ചേർന്ന് പ്രളയ ബാ ധിത കുടുംബങ്ങൾക്ക് അവശ്യ

ധിത കുടുംബങ്ങൾക്ക് അവശു വസ്തുകൾ എത്തിച്ചു നൽകു നാപയതിക്ക് തുടക്കമായി. സെന്റ് ഡൊമിനിക്സ് കോള ജിൽ നടന്ന സമ്മേളനത്തിൽ മാ നേജർ ഫാ. വർഗീസ് പരിന്തിരി ക്കലിന്റെ അധൃക്ഷതയിൽ ഹെ ൽപ്പേജ് ഇന്ത്യ ഗവേണിംഗ് ബോ ഡി മൊബർ കെ.ടി. ചാക്കോ ഉ ഡി മെംബർ കെ.ടി. ചാക്കോ ഉ ദ്ഘാടനം നിർവഹിച്ചു. ഹെൽ ച്ലേജ് ഇന്ത്യ സംസ്ഥാന ഡയറക്ട ർബിജു മാത്യു മുഖ്യ പ്രഭാഷണം നടത്തി. പാറത്തോട് പഞ്ചായത്ത് പ്രസിഡർ്റ് ജോണിക്കുട്ടി മാത്തി നകം, പ്രിൻസിപ്പൽ ഡോ. സീ മോൻ തോമസ് എന്നിവർ പ്രസം ഗിച്ചു. കിറ്റുകൾക്കു<u>ടെ</u> സാമ്പത്തി

ക സഹായം നൽകിയ 'സിപ്ല' ഫൗണ്ടേഷന്റെ പ്രതിനിധികള് യ സൻജോഗ് സോണിസ്, ഒ രാംദാസ് എന്നിവരെ ചടങ്ങിൽ

രാംദാസ് എന്നവരെ ചടങ്ങയ ആദരിച്ചു. സെന്റ് ഡൊമിനിക്സ് കോള ജിലെ അധ്യാപകരും വിദ്യാർഥി കളും എൻഎസ്എസ് വോളണ്ടി യർമാരും പ്രളയബാധിത പ്രദേ ശങ്ങളിൽ വീടുകൾ,കിണറുകൾ, വഴികൾ തുടങ്ങിയവ വൃത്തിയാ ക്കുക, പ്രള്യം ബാധിച്ച് വിദ്യാർ ഥികളുടെ വീടുകളിലേക്ക് ആവ ശൃമായ ഭക്ഷണം, വസ്ത്രം, കുടി വെള്ളം, മരുന്നുകൾ, മറ്റ് അവശ്യ സാധനങ്ങൾ എന്നിവ എത്തിച്ചു നൽകുക തുടങ്ങിയ പുനമധിവാ സ പ്രവർത്തനങ്ങളുമായി തുട ക്കംമുതലേ സജീവമാണ്. വിരമി ച്ചവരും ഇപ്പോൾ സേവനത്തിലു ള്ളവരുമായ അധ്യാപകരും അന ധ്യാപകരും സമാഹരിച്ച തുക ഉ

പയോഗിച്ചാണ് ഇതുവരെയു<u>ള്ള</u>

പയോഗവുാണ ഇതുവരെയുള്ള സഹായങ്ങൾ നൽകി വന്നത്. കൂട്ടിക്കൽ, മുണ്ടക്കയം, എരു മേലി, മണിമല, പാറത്തോട് പ ഞ്ചായത്തുകളിലെദുരന്ത ബാധി തരായ വയോജനങ്ങളും കിടപ്പു രോഗികളും ഭിന്നശേഷിക്കാരും അടങ്ങുന്ന ദാരിദ്ര്യരേഖയ്ക്ക് താ ഴെയുള്ള അറുന്നുറോളം കുടും ബങ്ങൾക്കാണ് 11ലക്ഷത്തോളം രൂപയുടെ ഒരു മാസത്തേക്കുള്ള ഭക്ഷൂക്കിറ്റും മറ്റ് അവശൃ സാധ നങ്ങളും എത്തിച്ചു നൽകുന്നത്. പ്രഫ. ഇമ്മി മരിയ തോമസ്, നാഷണൽ സർവീസ് സ്കീം

പ്രോഗ്രാം ഓഫീസർ ഡോ. ജോ ജി തോമസ് എന്നിവരുടെ നേതൃ യിത്തിൽ എൻഎസ്എസ് വോള ബ്ലിയർമാരടങ്ങുന്ന വിദ്യാർഥി സംഘം വിവിധ ടീമുകളായാണ് വിത്രമണ പ്രവർത്തനം നടത്തു ന്നത്.





#### പാറത്തോട് ഗ്രാമപഞ്ചായത്ത് പാറത്തോട്, പാറത്തോട് പി.ഒ - 686512

കോട്ടയം ജില്ല

ഡയസ് മാത്യു പ്രസിഡന്റ്

ഹോൺ - 04828-234400

കോക്കാട്ട് ചിറ്റടി പി.ഒ

9496044744,9447258526

#### സാക്ഷ്യപത്രം

2021 ഒക്ടോബർ മാസത്തിലെ മാസത്തിലെ മഹാപ്രളയം ബാധിച്ച പാറത്തോട് പഞ്ചായത്തിലെ വിവിധ ഭാഗങ്ങളിൽ പ്രളയാനന്തര ശുചീകരണത്തിൽ ഭാഗമാവുകയും, ഹെൽപ്പ്പേജ് ഇന്ത്യയുമായി സഹകരിച്ച് ഇരുനൂറോളം ദുരിത ബാധിത കുടുംബങ്ങൾക്ക് അതിജീവനത്തിനായുള്ള കിറ്റുകൾ വിതരണം ചെയ്യുകയും ചെയ്ത കാഞ്ഞിരപ്പള്ളി സെന്റ്.ഡൊമിനിക്സ് കോളേജ് എൻ.എസ്. എസ് യൂണിറ്റിന് അഭിനന്ദനങ്ങൾ.

തീയതി : 10/02/2022 സ്ഥലം : പാറത്തോട് PRESIDENT
Parathodu Grama Panchayat
Parathodu P.O. Kottayam Dist.
9 9496044744, 9447258526



#### **World Students Day**

October 15 of every year is celebrated as **World Students' Day** in honour of former Indian president APJ Abdul Kalam.It is a celebration of multiculturalism, diversity and cooperation among students across the globe. In 2021, World Students Day was observed by the NSS Unit by preparing and publishingawareness poster through social media.

# Rashtreeya Ektha Diwas - Pledge by NSS Volunteers

NSS volunteers on the Ektha Diwas solemnly pledged that they will dedicate themselves to preserve the unity, integrity and security of the nation and also strive hard to spread this message.

# **Gender Awareness Training Programme - 05November 2021**

National Service Scheme and Gender Justice Forum of the college in association with District women and child development office organized Gender Awareness Training Programme on 05 November 2021. Smt. Babitha Jacob, Gender Trainer ld the class which dealed with the various aspects of Gender.

#### Rashtreeya Ektha Diwas - Pledge



#### **NATIONAL SERVICE SCHEME**

രാഷ്ട്രീയ ഏകതാദിനം ( ഒക്ടോബർ 31 )

രാഷ്ട്രീയ ഏകതാ പ്രതിജ്ഞ



# **Gender Awareness Training Programme - 05 November 2021**



# **Voters ID Registration, Renewal and Correction Help Desk - 29&30 December 2021**

On 29&30 November 2021 a registration help desk was arranged to extend help for the people of Parathode Panchayath for registration in the Election commission website. The programme was conducted in collaboration with Parathod Grama Panchayath at the conference Hall of Parathode Panchayath voters list.

### **Human Rights Day Celebration**

On December 10, 2021 human rights day is celebrated to raise awareness about people social, culture and physical right and to ensure the welfare of everyone. On Human Rights Day, the NSS unit of St Domincs College Kanjirappally staged a public reading of the Universal Declaration of Human Rights in full in the college.

#### **Voters ID Help Desk – Cerificate of Appreciation from Parathode Panchayath**





#### Women's Self Defence Training Programme - 18 December, 2021

National Service Scheme, St. Dominic's College, Kanjirapally in association with Women's Cell of the College and District Police, Kottayam organized Women Self Defence Training Program, which is a unique initiative of Kerala Police under its Community Policing Project. It aims at empowering women through comprehensive awareness and practical training program.

Ms. Vijayamma, SI of Police, Kanjirapally inaugurated the programme. Master trainers from Kottayam, coordinated the training programme., Apart from physical training there were special sessions with focus on improving the trainee's mental strength, response to unexpected situations and legal ways to fight atrocities against women. 120 students benefited from the programme.



# NSS Seven Day Special Camp "Thirike" 24/12/2021 TO 30/12/2021

Special camp of the NSS unit of St. Dominic's College Kanjirapally for the academic year 2021-2022 was held from 24-12-2021 to 30-12-2021 at Nirmala Renewal Centre, Podimattom. The volunteers were allowed to the camp site only after the temperature checkup.

The special camp was inaugurated by Sri. Johnykutty Madathinakam, President, Parathode Grama Panchayat at 3.00 pm. College Principal, Dr. Seemon Thomaspresided over the meeting. Former NSS Programme Officer Smt. Mary Pitunia C Mathew, Mr. Anshad, Haritha Keralam Mission Resource Person, etc. were also present.

The ice breaking session was led by Prof. J C Kappen, Dept of English, the former NSS Programme Officer of the college.



### Cleaning and Maintanance of Covd Care CentreDay II: 25-12-2021

Everyone was sent to their assigned buildings of the Camp Site for cleaning work. Afternoon time was allotted for preparations for the cultural programs. Tea and snacks were served at 4.30 pm. Professor Bino. P. Jose, Head, Dept. of History, SD College, Kanjirapally gave a meaningful Christmas message in the evening section. The cultural events started at 6.30pm and ended by 8.15 pm. Dinner was served at 8.30 pm. The 2nd day of the camp ended happily and everyone went to bed by 10.00 pm.

# <u>Cleaning of Botanical Garden and Herbal Garden of St Dominic's college 26-12-2021</u>

Cleaning of Botanical Garden and Herbal Garden of St Dominic's college which are maintained by the NSS Unit. The other group was assigned to clean up the water resource near the Panchayath office. Afternoon, there was a class on "The values of Democracy" by Prof. Rony K Baby, Asst. Professor of Political Science, SD College. We had cultural events at 6:15 pm. After the cultural events Dinner was served at 8:30

pm. The duties for the fourth day were assigned to the groups. The third day of camp ended happily at 10:00 PM.

#### Panchayath Road Cleaning 27-12-2021

After the routine programmes, one group of volunteers continued thecleaning work in the Camp Site. Another group engaged in the cleaning of the Panchayath road of the 15<sup>th</sup> ward of the Parathode Panchayath. After Lunch, Ms. Gracykutty, retired teacher of St. Dominic's High School, Kanjirapallyled a Skill Development Class at 3 p.m. The volunteers acquired the skill of making decorative items from waste bottles, plastic cups, etc. Cultural programmes were co-ordinated by the second group. presented the cultural programs. After the camp review we had a DJ party in the seminar hall. We had supper at 9.30 pm. The fourth day of the camp came to an end by 11.30 pm.

#### Cleaning of the buildings of Nirmala Renewal Centre 28-12-2021

Cleaning of the buildings of Nirmala Renewal Centre, used as a Covid Care Centre by Parathode Grama Panchayath.

After the lunch, former volunteer secretary and one of the best NSS volunteers of 2019-20, in the University, Sri. Melbin Jacob shared his experiences in NSS and also during the National Integration Camp.

Dr. Sudeepof Jeevani Ayurvedic Hospital, Kanjirapally led a class on "Role of Nutritious Food in a Healthy Life", at 3.00 pm. Cultural events started at 6:15 pm. After the cultural events Dinner was served at 8:30 pm. The duties for the sixth day were assigned to the groups. The fifth day of the camp ended happily at 10:00 PM.

# Haritha Keralam survey in the Parathode Panchayath 29-12-2021

Volunteers conducted a survey in 100 houses of the 15<sup>th</sup> ward of Parathode Grama Panchayat on the disposal of Plastic waste disposal. The survey report was later handed over to the Panchayath authorities.

# NSS SEVEN DAY SPECIAL CAMP 2021-2022



# NSS SEVEN DAY SPECIAL CAMP 2021-2022



Oppam Talk 8- Precautions students must take during Covid-07/01/2021

Oppam Talk 9- Abiding Traffic Rules - 25/02/2021

**Oppam Talk 10**- Cheating is not good. Leading a loyal &truthful life - 05/03/2021

**Circulated poster** on "Healthy ways of Living during Covid" in Student's WhatsApp groups - 05-06-2021

Oppam Talk 11 - on Blood Donor's Day

Topic: Blood Donation: Issues and Importance of Blood Donation

Population Education Club - Circulated poster on Importance of Environment - 03-07-2021

Theme: Being Environment Friendly"

Population Education Club – Webinar – 12- 07- 2021

Webinar conducted in association with Help Age India on ageing population and concerns of the Elderly.

Population Education Club 28-07-2021

Circulated poster on "Environment Protection" in Student's WhatsApp groups

**Population Education Club -** 01-10-2021

Took Pledge via Online form on my concern for Elderly in my family

**Population Education Club** 

Awareness Video on "Towards Build back better for Elders" was shown

**Population Education Club** 11-10-2021

OPPAM Talk -13 on World Mental Health Day.

Topic: Ways to create good Mental Health
Population Education Club - 01-11-2021
OPPAM Talk -14 on Kerala Piravi Dinam to commemorate birth of the state of Kerala
Topic: My Kerala
Population Education Club - 20-12-2021
OPPAM Talk -15
Topic: Christmas thoughts for peaceful living